

Karmyn Jarzemski
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Safe and professional truck driving is not just a skill. It's an attitude. My dad has been driving a truck for almost 7 years. While he works 59-hour weeks, even with a positive attitude, I can see that it takes a lot more than 59 hours out of his week. He must wake up and prepare himself for work each day, followed by the hour-long drive to and from work each day. After totaling all that time up, it comes out to be about a 73-hour week. However, he still has time to be my dad.

My dad's current line of work involves transporting goods for Kwik Trip. Kwik Trip is a convenient and effective option for our family and for him, because not only is it based mainly out of Wisconsin, which keeps him near, but it also allows him to come home to his family every night.

Before my dad's shift each day, he stretches at home to get ready to move truckloads of goods for the different stores that he visits throughout the day. Unloading and loading trucks has been a big part of his health and wellness. He isn't the stereotypical "big-man trucker" that you would imagine when thinking of a truck driver. He's only 6'0" and 180 pounds. He loves the workout he gets from his career.

When my dad drives truck, he will occasionally get to pass the Acuity Flagpole in Sheboygan, Wisconsin. He comes home to describe it to us every time he gets to encounter it. It's his favorite landmark to pass as a trucker. Someday, we would like to travel to Sheboygan to visit the flag together as a family when he isn't working a 60-hour week.

One thing I've learned from being a trucker's daughter is that schedules don't always work out with one another. In high school, I took basketball and cross country, and he wouldn't be able to attend very many events. He was unable to attend so many to the point where people started to wonder if my parents were split up or if my dad was even a part of my life. Even though I was unable to see my dad attend many sporting events, I know that he's proud of everything I've done, even if he hears about it over the phone.

If I could change anything about my dad's job, it would be that his hours are a tad more reasonable for his family. It's a huge downfall that not a lot of people want to do trucking, because it makes others have to work longer hours and be away from their families. I wish I could get to see him more, but I know in my heart that everything he does is for his family, and I think that's one of the greatest aspects of having him as my dad. Having a trucker as a father doesn't seem ideal when it comes to family time, but with his positive attitude, he makes it so much easier on the family and himself.